

**Chaffey-Burke PAC Meeting Minutes
January 17, 2019 9:15am, Staff Room**

Start time: 9:15am

Location: Staff Room

In attendance: Mr. Claudio Bortolussi (Principal), Ms. Kim Clark (Vice-Principal), Eugene Lin (Chair), Irene Yung (Treasurer), Di Li (Secretary), Catherine Qiao, Samantha Juan

Regrets: Cindy Pan (Vice-Chair), Ms. Carlene Montgomery (Head Teacher)

1. Approval of the agenda
Motioned, Seconded, Motion Carried
2. Approval of Minutes of Previous Meeting held on November 22, 2018
Motioned, Seconded, Motion Carried
3. Principal's report (Claudio)
 - Current student population is 563.
 - First video conference with Mr. Lee Watanabe-Crockett was on January 8th, next one will be on February 6th. Lee's work is listed in the attachment.
 - District introduces a new program called "Blueprint", a portfolio program that allows kids to save their work to their own portfolio which goes with them from year to year.
 - Teachers use Fresh Grade, blogs, or binders to make learning visible to parents.
 - There is a conference on March 1st and 2nd, called "Press Pause and Play: Is This the Answer for us All?". Few teachers will go, for parents who may be interested, please see the flyer attached.
 - School contacted District to request small-opening or bird-proof garbage bins, due to the litter problem created by birds lifting out the remnants of food/snack out of the garbage bins. Ms. Clark suggested to bring litter free snacks.
 - School has a new secretary, Donna Quickstad.
4. Treasurer's report (Irene)
 - Treasurer's report as attached
 - Snack sales of \$388.70 for December.
 - As of January 1st, total cash is \$31,008.
 - Christmas Craft Event brought in about \$288 in revenue and spent about \$375.
 - Pancake breakfast brought in about \$692, expenses was about \$431 including the cheque to Lions Club. Costco donate \$25 after the event.
 - **Motion:** Donate \$250 to Burnaby Children's Fund from the profit from Pancake Breakfast Event
Motioned, Seconded, Motion Carried

- Purdy's chocolate received a cheque for approximately \$400.
- Special Lunch day sales for December totaled \$73.75. Currently running a profit of \$6,884.84.
- Submitted application to Burnaby Parks, Recreation and Cultural Service for Playground Development Grant for a maximum of \$4,000.00.
- PAC direct donation is about \$4140 as of December 2018, about half way of the target.

5. Business arising from previous meeting

a. School Event Review & Updates

i. Pancake breakfast with Santa

- Financial figures reviewed by Irene in the treasurer's report
- Saved milk cartons for teachers
- May need to add glute-free pancakes and consider other diet restriction for next year

ii. Earthquake protocols and kits

- Revisit the kits and check expiry dates will be done in May when we have the emergency preparedness drill
- **Action:** Irene provide the supply list; Eugene to purchase a new kit

iii. DPAC – January 21, 2019 @ 7:00 pm – 9:00 pm

- Eugene attended "Marijuana Legalization: 5 things you need to know" session, handouts as attached

b. Fundraising Events/Community Building Activities

i. Christmas Craft evening event

- Reviewed by Irene in treasurer's report

ii. Snack Sale

- Reviewed by Irene in treasurer's report

iii. Movie night

- Next movie night is scheduled for January 25th

iv. PAC Direct Donation

- Reviewed by Irene in treasurer's report

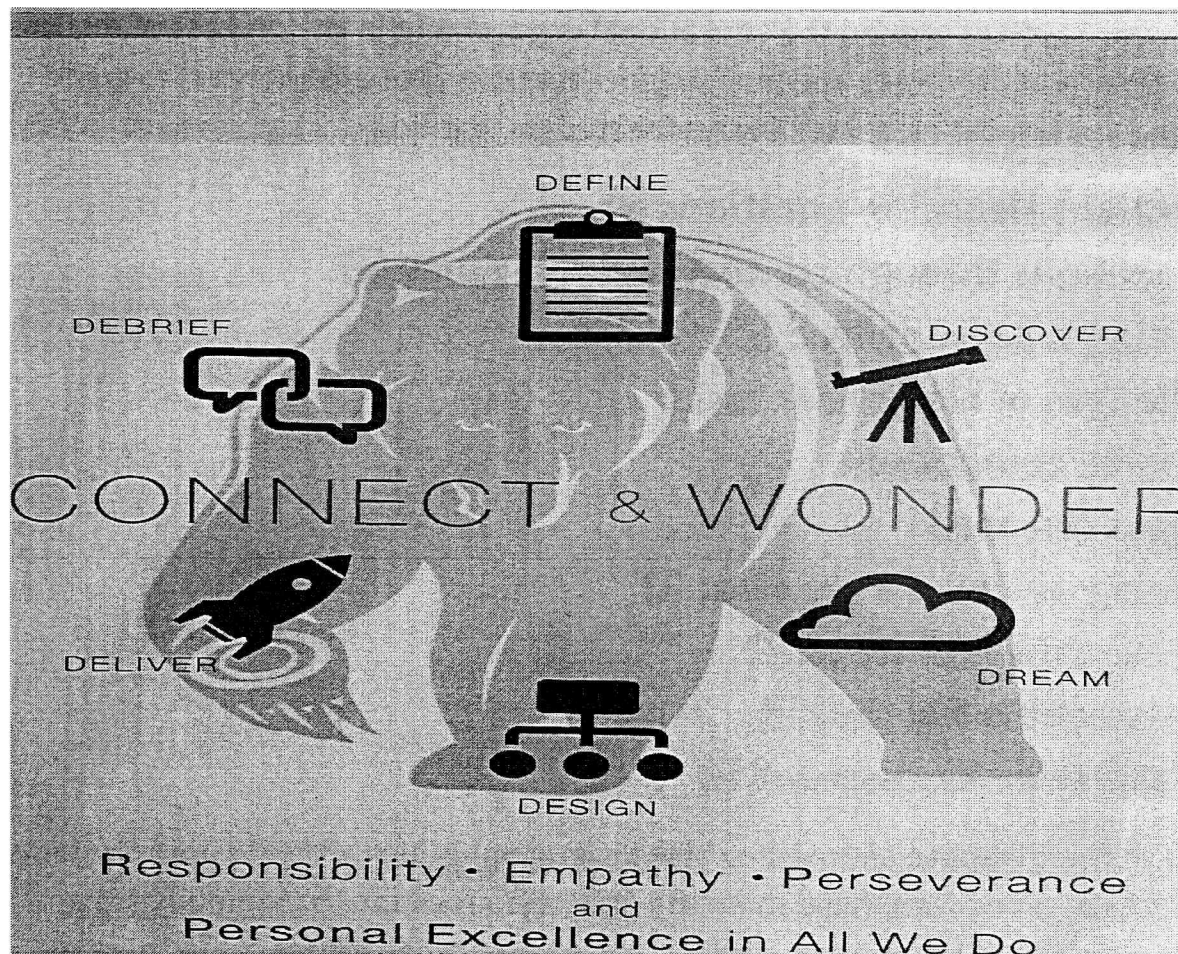
v. Other possible events

- Reviewed by Irene in treasurer's report

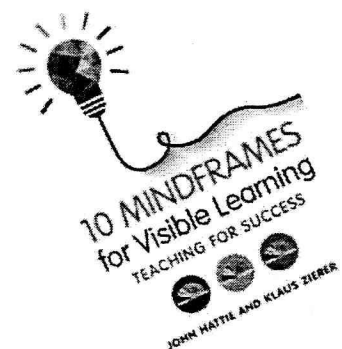
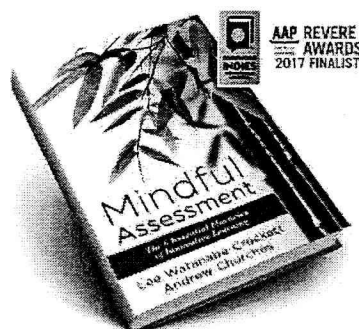
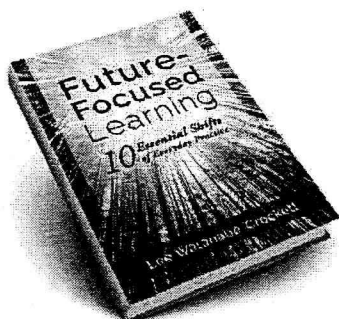
6. New Business

- Teacher's appreciation lunch
 - **Action:** Catherine to organize it, Di to find some volunteers
- Club House school bus parking zone
 - The parking for Kingsway Church school bus is getting more and more challenging, especially for the afterschool pickup.
 - Suggestion: Chaffey-Burke will be the first school to drop off and the last to pick up.
- Emergency preparedness
 - Will discuss in February

- BC Quake fundraising
 - Will discuss in February
 - Greeting Card Fundraiser
 - **Action:** Di to find volunteer(s) to run this fundraising
 - Firefighter Hotdog Picnic
 - Move to next school year first community picnic in September
- Meeting adjourned: 10:30am. Next meeting will be on Thursday February 21, 2019 at 9:15am in the Staff Room.



Lee helps us build on meaningful conversations with our staffs to build capacity by asking the right questions and engaging students in their own learning to a deeper level.



Lee's work revolves around the educational engagement in the process of Inquiry. He uses current processes and meaningful situations (live experiences) to guide learning in the most meaningful ways for student learning

1. Essential | Hearing questions ☒
2. Connections through context and relevance ☒
3. Learning is personalized ☒
4. Challenges of high order tasks
5. Research component
6. Process oriented
7. Learning intentions are clear ☒
8. Learner Criterion focus ☒
9. Assessment Is Mindful ☒
10. Self and Peer Assessment ☒

These shifts of Practice are used to Make Learning Visible (MLV) for both students and Parents. Along with these shifts the natural connection to communicating student learning (CSL) engages student and parent to participate as partners of learning to a greater degree.

These concepts are woven together and are used together moving forward. With MLV the school looks at the concept of Purposeful Postings that show case Process versus Product. Furthermore, with these connections of engaging parents in these processes comes a clearer focus and understanding of the curriculum shifts and core competency assessment practices.

Lee helps facilitate the journey through these implementations with strategies and resources that makes implementation more meaningful, streamlined and successful.

<https://youtu.be/4TRBA52unns>

Taken From (Solution Fluencies) attached



ELEVENTH ANNUAL

VANCOUVER NEUFELD CONFERENCE 2019

PARENTS • PROFESSIONALS

PRESS PAUSE AND



IS THIS THE ANSWER FOR US ALL?

FRIDAY, MARCH 1 | SATURDAY, MARCH 2
SHERATON VANCOUVER AIRPORT HOTEL | RICHMOND, BC

- KEYNOTES & SESSIONS FOR PARENTS, TEACHERS, & PROFESSIONALS
- INCLUDES TWO KEYNOTES BY DR. GORDON NEUFELD
- OPTIONAL FRIDAY EVENING PUBLIC ADDRESS BY DR. DEBORAH MACNAMARA
- APPLIES TO CHILDREN OF ALL AGES



NEUFELDINSTITUTE.ORG



ELEVENTH ANNUAL

VANCOUVER NEUFELD CONFERENCE 2019

PARENTS • PROFESSIONALS

To the attention of the PAC Chairperson or school administrator:

Enclosed is a poster about the Eleventh Annual Vancouver Neufeld Conference for parents, educators, and therapists, which will take place on **Friday, March 1st and Saturday, March 2nd, 2019**. We would be ever so grateful for your assistance in placing the poster in a prominent place in your school where it will be visible by both educators and parents. Below is a little more information about the conference.

"Press Pause and Play: Is This the Answer for us All?" will be a key theme of this year's conference. On Saturday, Dr. Neufeld will deliver an opening and closing address on this theme. He will be joined by 19 Neufeld Faculty members and senior facilitators, who together will offer 29 workshop and panel sessions on timely and information-rich topics that include:

- Play and Learning
- Play and the Brain
- Bringing the Neufeld Approach into Schools
- Making Sense of Resilience
- Keeping Play Alive in Adolescence
- You're Not the Boss of Me: Understanding Defiance and Cultivating Cooperation
- Making Sense of Emotional Defense
- Making Sense of Anxiety in Children
- Play and the Alpha-Dependent Dance
- Preserving Play in a Digital World
- And more!

**"I came both as
a parent and
professional. It
exceeded my
expectations."**

—Past attendee

Additionally, Dr. Deborah MacNamara will deliver a Friday evening public address: *The Secrets of the Table: Returning Joy to the Feeding of Others*.

The conference will be held at the Sheraton Vancouver Airport Hotel in Richmond, BC. Early-bird tuition is \$155 through 1/25/19 (\$185 starting 1/26/19). There is a group discount of \$140 per person available for employee and agency groups of eight or more, through 1/25/19. For complete information about the conference, including a detailed agenda, visit <https://neufeldinstitute.org/conference-2019>.

About Dr. Gordon Neufeld

Dr. Neufeld is a Vancouver-based developmental psychologist with over 40 years of experience with children and youth and those responsible for them. A foremost authority on child development, Dr. Neufeld is an international speaker, a bestselling author, and a leading interpreter of the developmental paradigm. He has a widespread reputation for making sense of complex problems and for opening doors for change. While formerly involved in university teaching and private practice, he now devotes his time to teaching and training parents, educators, and helping professionals. His Neufeld Institute is now a world-wide charitable organization devoted to applying developmental science to the task of raising children. Dr. Neufeld appears regularly on radio and television. He is a father of five and a grandfather to six.

About the Neufeld Institute

The Neufeld Institute is committed to using developmental science to rejoin teachers and parents to their own natural intuition and put them back into the driver's seat with regards to their own students and children. Using the attachment-based developmental model created by psychologist Gordon Neufeld, education and training is provided through personalized study programs as well as through presentations, seminars and courses, including video courses. We offer onsite education to schools and school districts upon request. The Neufeld Institute also trains individuals to deliver this education and training.

MARIJUANA LEGALIZATION

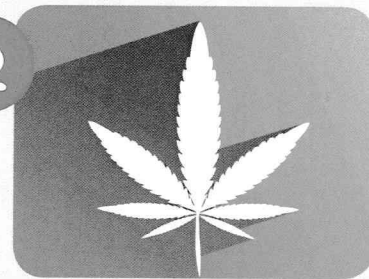
5 THINGS YOU NEED TO KNOW

1



Still illegal for anyone under 19

2



Still not allowed in our schools
in any form

3



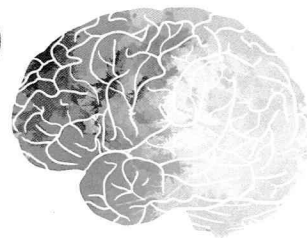
Still not okay to be impaired
on school property

5



Still a good idea to learn about
health implications

4

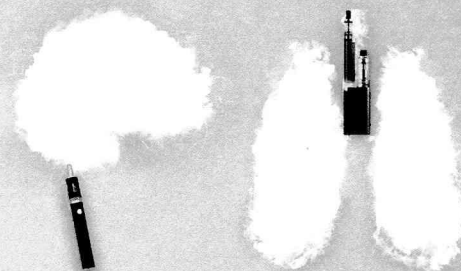


Still can cause damage
to a developing brain

Learn More: www.burnabyschools.ca

TALKING WITH YOUR TEEN ABOUT VAPING

A TIP SHEET FOR PARENTS



BEFORE THE TALK: GET THE FACTS

Vaping is not harmless

- > Vaping can increase your exposure to harmful chemicals.
- > Vaping can lead to nicotine addiction.
- > The long-term consequences of vaping are unknown.
- > It's rare, but defective batteries in vaping products have caused fires and explosions.

Risks of nicotine

Nicotine is a highly addictive chemical. Youth are especially susceptible to its negative effects, as it is known to alter their brain development and can affect memory and concentration. It can also lead to addiction and physical dependence. Not all vaping products contain nicotine, but for those that do, the level of nicotine can vary widely. Some mixtures have very low levels, while others can contain more nicotine than in a typical cigarette. Even if a vaping product does not contain nicotine, there is still a risk of being exposed to other harmful chemicals.

Vaping nicotine can alter teen brain development.

Vaping versus smoking

For smokers, vaping is less harmful than smoking. However, it is not safe for youth to use any nicotine products, including cigarettes and vaping products. If you suspect your child is addicted to nicotine, talk to your healthcare provider.

Vaping liquids

The ingredients typically found in vaping liquids include glycerol, flavours, propylene glycol and varying levels of nicotine. The long-term safety of inhaling these substances in vaping products is unknown and continues to be assessed.

There is no burning during vaping, instead, the liquid is heated. This process can cause reactions and create new chemicals, such as formaldehyde. Some contaminants, such as metals, might also get into the vaping products and then into the vapour.

Quick facts

- > Vaping is intended to help smokers quit tobacco. Vaping is not for youth and non-smokers.
- > Vaping is not harmless, yet Canadian teens are trying vaping products. Data from a recent Health Canada survey showed that 23% of students in grades 7–12 have tried an electronic cigarette.
- > There are characteristics that can make vaping products more difficult for you to recognize or detect: devices come in a variety of shapes and sizes, some resembling a USB flash drive; liquids can have high levels of nicotine and come in a variety of flavours; and vaping may not leave a lingering identifiable smell.
- > Vaping products have many names, such as: e-cigarettes, vape pens, vapes, mods, tanks, and e-hookahs. They may also be known by various brand names.

Set a positive example

If you use tobacco or vaping products, be honest with your child about the risks, and any regrets, difficulties and health effects resulting from your experience.

Talk to your child about when and why you started to smoke/vape and explain how you thought it would make you feel, and how it is affecting your health.

It is never too late to quit smoking. If you are vaping to help you quit smoking, talk to your teen about it. Talk to them about addiction and how hard it can be to quit smoking. And remember, quitting smoking is possible. For free help, visit gosmokefree.gc.ca/quit or call 1-866-366-3667.

Vaping is not intended for youth and non-smokers.

START THE CONVERSATION

Find the right moment

Take advantage of situations where you can talk about vaping. It doesn't have to be formal. For example, when passing a group of teenagers who are vaping, take the opportunity to have a conversation with your teen about it. Discuss the facts and correct any misconceptions.

Be patient and ready to listen

- > Avoid criticism and encourage an open dialogue.
- > Remember, your goal is to have a meaningful conversation, not to give a lecture.

Get support

- > Not sure where to begin? Ask your healthcare provider to talk to your teen about the risks of vaping.
- > You might also suggest that your teen talk with other trusted adults, such as relatives, teachers, faith leaders, coaches, or counsellors whom you know are aware of the risks of vaping. These supportive adults can help reinforce your message as a parent.

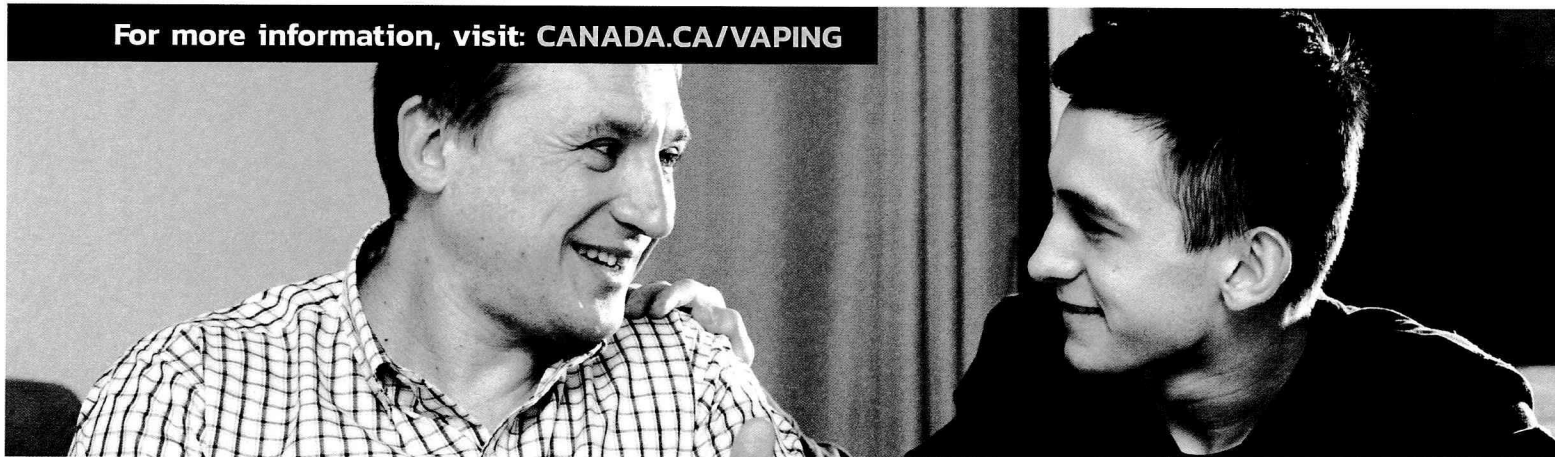
KEEP THE CONVERSATION GOING

Don't expect to have just one conversation with your child. Odds are you will probably need to talk about the subject many times and in many different places. Whenever you have some time together, you can strike up the conversation again. You will also find that as your child grows, your conversations about vaping will change and reflect their growing maturity, intellectual abilities and the pressures they face. Keep in mind that talking about it can also set the stage for important discussions about tobacco, alcohol, drugs and other risky behaviours.

WORK WITH YOUR CHILD'S SCHOOL

- > Confirm that there is no tobacco or vaping product use at school events.
- > Ask the principal if the school has a program to educate students about the effects of tobacco and vaping product use.
- > Lobby for tobacco and vaping prevention and cessation training for teachers.
- > Encourage other parents to get involved in school-based tobacco and vaping prevention programs.

For more information, visit: CANADA.CA/VAPING



TREASURER'S REPORT

January 17, 2019

1.

Bank Balances @ Jan 1st, 2019	
Vancity PAC General	6,749.47
Vancity Gaming Account	8,756.02
PAC School Account	16,368.37
January 1, 2019 Balance	31,873.86

Snack sales of \$388.70 for December. Christmas Craft Event brought in \$288.30 in revenue and spent \$378.55 for a deficit of \$90.25. Pancake Breakfast revenues of \$692.85 with expenses of \$431.22 including cheque to Lions Club. Did receive \$25.00 donation from Costco after the event. Profit of \$261.63. Suggest a cheque be sent to Burnaby Children's Fund in the amount of \$250.00. Purdy's chocolate received a cheque for approximately \$400. Not shown in December statements as cheque was deposited in January. Will report on it next month.

2. Special Lunch Day sales for December totaled \$73.75. Currently running a profit of \$6,884.84. Still waiting for lunch expenses for January and February before determining final profit for the first round.
3. Submitted application to Burnaby Parks, Recreation and Cultural Service for Playground Development Grant for a maximum of \$4,000.00.